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**Working
together to
develop the
strengths within
children, families,
and adults facing
the greatest life
challenges.**
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Dear Friends,

In the face of great adversity, we rely on the strength gained by our diversity.

For many of us, 2009 was another year of adversity and challenges. For Lifetrack Resources, the year began with the disappointing loss of funding for one of our largest employment programs. Lifetrack Resources' leadership and staff very quickly formulated a response that was nothing short of remarkable and inspiring. The transition out of the program and the move to provide new services to the individuals and families in our community was conducted with the greatest of professionalism, care, and client-focus. In short, it was inspiring, reassuring, and encouraging to see Lifetrack Resources respond in such a magnificent way.



Now is not the time to squander our energy by focusing just within the organization. Now is the time to embrace the needs of our community, to advocate for change, and to rise to the new challenges represented by these times when the need for a helping hand is ever-growing. In short, Lifetrack Resources has demonstrated the resiliency, adaptability, and resolve necessary to meet those demands in our community and to fulfill the vision that all families and individuals are strong, healthy, and productive members of the community.

We sincerely thank you for your commitment to Lifetrack Resources. In 2009 your contributions, combined with the support of community organizations, government programs, foundations, and partnerships with other agencies, helped Lifetrack resources proudly serve 9,479 families and individuals within our community.

On behalf of our clients, thank you.

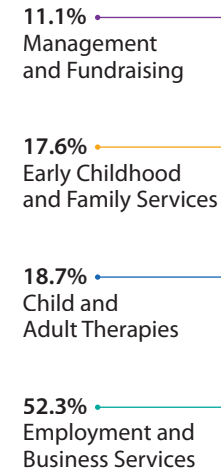
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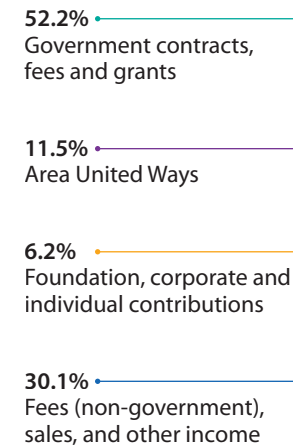
	2009		2008	
	Amount	% of income	Amount	% of income
UNRESTRICTED SUPPORT AND REVENUE-OPERATING				
Foundation, corporate and individual contributions	\$587,984	6.2%	\$812,975	6.8%
Area United Ways	1,096,473	11.5%	1,027,160	8.6%
Government contracts, fees and grants	4,958,949	52.2%	6,134,786	51.2%
Fees (non-government), sales and other income	2,857,881	30.1%	4,001,236	33.4%
Total operating income	9,501,286	100.0%	11,976,158	100.0%
EXPENSES				
Employment and Business Services	\$4,968,591	52.3%	\$7,196,838	60.1%
Child and Adult Therapies	1,777,741	18.7%	1,889,197	15.8%
Early Childhood and Family Services	1,675,525	17.6%	1,661,632	13.9%
Management and Fundraising	1,049,906	11.1%	1,115,412	9.3%
Total expense	9,471,764	99.7%	11,863,079	99.1%
OPERATING INCOME MINUS EXPENSES	\$29,523	0.3%	\$113,079	0.9%
UNRESTRICTED ENDOWMENT INCOME	55,377		(82,229)	
Increase (decrease) in unrestricted net assets	84,900		30,849	
TEMPORARILY RESTRICTED				
Increase (decrease) in temp. restricted net assets	(41,987)		(359,583)	
PERMANENTLY RESTRICTED				
Increase (decrease) in perm. restricted net assets	22,288		9,860	
CHANGE IN NET ASSETS, OVERALL	\$65,200		\$(318,873)	

Above figures are unaudited. Audit report and additional information are available on request from Lifetrack Resources, Attn: Chief Financial Officer.

2009 Expenses



2009 Operating Income



**Sheana & Daniel McCoy,
2010 Shining Star Recipient**

When Daniel was a baby he rarely babbled like most infants do, and his parents had a feeling that something may be wrong. At eighteen months, Daniel completely lost all speech and was diagnosed with Autism. The McCoy's were referred to the staff at Lifetrack Resources for therapy.

Over the past two years, the therapists at Lifetrack have become impressed with how engaged Sheana has been in the treatment of her son. She is always keeping them up to date of Daniel's medical status, especially when he was diagnosed with epilepsy a little over a year ago.

Today, the McCoy family has seen Daniel's speech and behavior improve and appreciates the support of the therapists. Because of the dedication and commitment of the parents and therapist, Daniel has made great progress.



**“Children are our most
valuable natural resource”**

— Herbert Hoover

2009 Accomplishments

- Assisted 5,183 young children, their siblings and caregivers through child-centered classroom, home-based services and therapy services.
- We served 873 parents and children who are deaf or hard of hearing through our Minnesota Hands & Voices program, the only resource of its kind in the state.
- For the second year, Families Together Therapeutic Preschool received a four-star (highest) rating from the Parent Aware Rating System which provided scholarship funding for some of our children.
- Lifetrack began the pilot program Families Together in the Home, a project to leverage best practice home visiting with new populations.
- Children enrolled in our child and family programs demonstrated advancement in one or more developmental areas.
- 98 percent of our Child & Adult Therapy clients reported improved physical function and communication abilities.

Calvin Jones, 2010 Shining Star Recipient

Calvin came to Lifetrack discouraged in his search for a job. The poor economy along with a criminal background and limited work history made the process difficult. Calvin was referred to a Lifetrack Resources' program that included a paid internship.

Calvin was placed as a Maintenance Assistant. During his twelve weeks, he learned many skills such as painting, computer repair, and janitorial tasks. In addition, Calvin attended workshops on resume building, interviewing and customer service.

After completing the program, Calvin continued to be a positive presence at Lifetrack by volunteering with his family at Family Fun Nights and helping with building repairs.

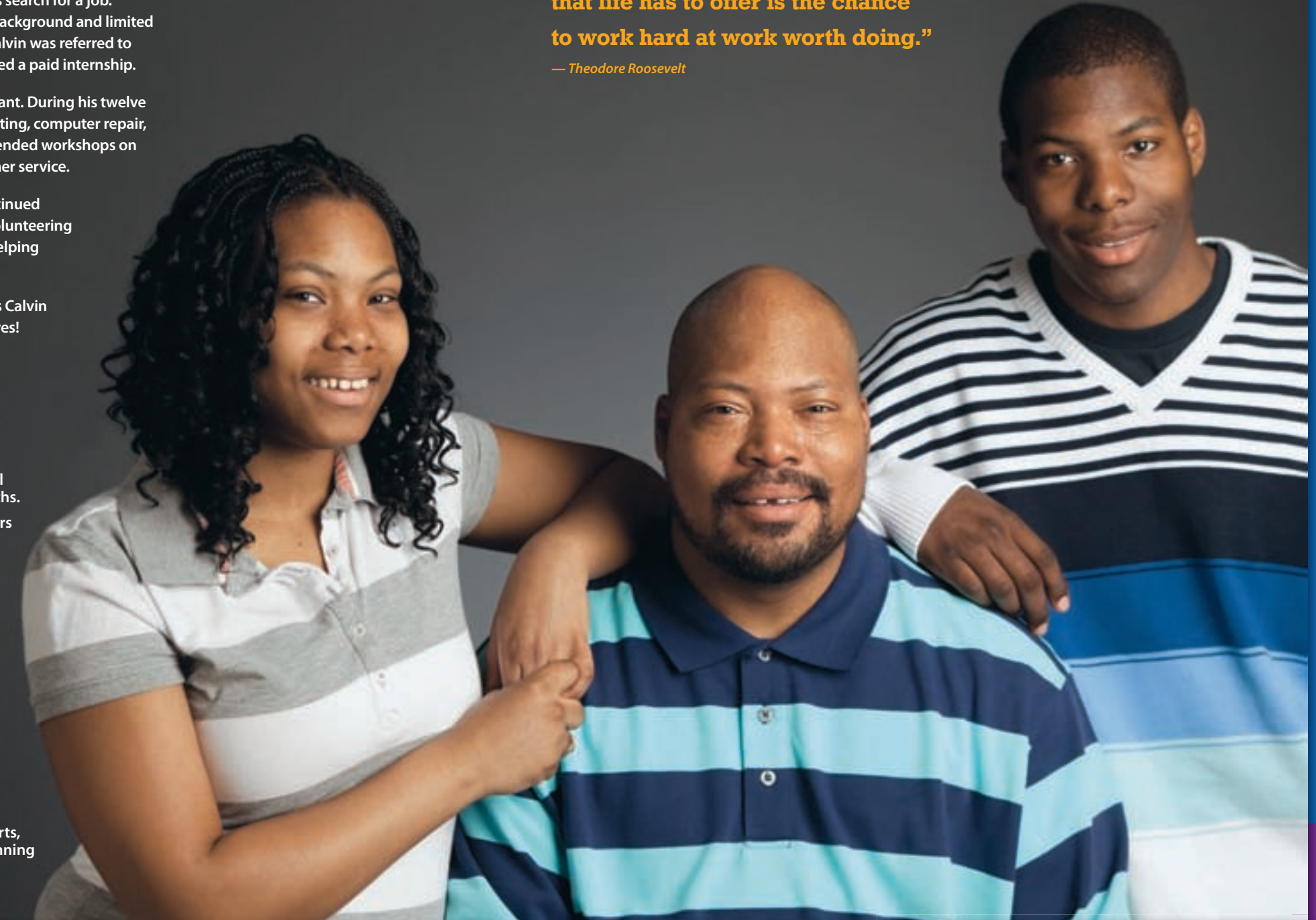
Today, with the help of Lifetrack Resources Calvin has secured a well paying job which he loves!

2009 Accomplishments

- Lifetrack helped 4,296 clients make progress toward employment.
- 69 percent of clients placed in first level jobs retained employment for six months.
- Business Services served 293 job seekers with 73 percent pursued to be hired with employers providing feedback to improve chances of hire in the future.
- In response to the economy, Lifetrack continued to offer monthly customer service training through the Minnesota Job Skills Partnership.
- Our Immigrant and Refugee Employment Services program began providing social services to refugees in partnership with Vietnamese Social Services and Intercultural Mutual Assistance Association in Rochester.
- CARF Accreditation was achieved for a three year period for Employment Services: Job Development, Job Supports, Job-Site Training and Employment Planning Services for People with Disabilities.

“Far and away the best prize that life has to offer is the chance to work hard at work worth doing.”

— Theodore Roosevelt



Legacy Society Members

The Legacy Society is comprised of individuals who have donated to the Endowment Fund or who have chosen to leave a gift in their will or estate plan to Lifetrack Resources. Endowment Fund contributions are perpetual gifts and the names of all donors remain members as a lasting tribute.

(d) Indicates donors who are now deceased.

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** Indicates Builder's Society members, who pledge a minimum \$1,000 a year for 5 years toward our unrestricted fund.*

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**Jeff DeMars, Hilton Minneapolis,
2010 Shining Star Recipient**

"Jeff has become an amazing contributor to the Customer Service Training. He volunteers as a guest speaker and helps trainees with mock interviews, for almost every new class."



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Audrey Alwell, 2010 Shining Star Recipient

“Audrey has been the editor of FOCUS, Minnesota Hands & Voices’ monthly newsletter, for over seven years and has been getting endless praise ever since. Her own parent perspective and profound understanding of this diverse community results in an exceptional publication.”

“Volunteers do not necessarily have the time; they just have the heart.”

— Elizabeth Andrew



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**“Never doubt that a small group of thoughtful,
committed citizens can change the world;
indeed, it's the only thing that ever has.”**

— Margaret Mead





www.lifetrackresources.org

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Saint Paul, MN 55104

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Special thanks...

*Doug Knutson for donating photography.
Mary Stadelman for donating the design.*

**Tavi,
2010 Shining Star Recipient**

Tavi was referred to the Families Together Therapeutic Preschool when he was 3 years old. Upon beginning school, Tavi was very passive, shutdown, and appeared to have retreated within himself. His teachers and therapists described him as frightened and looked at the world as a scary place. What could you expect from a child that at such a young age had witnessed more life-changing incidents than many will experience in their lifetimes?

Over the past two years his teachers have worked with Tavi and his family in the classroom and at home to help him learn to build trusting relationships with others.

Today, Tavi is a leader in the classroom and has lots of friends at school. He can often be found helping his classmates when they are having a difficult time. He has also learned to use his words to express his needs. Tavi is currently learning to write his name and takes pride in the things that he does at school. His teachers are confident that he will be ready for kindergarten in the fall!

